

## Swift Brings Home 10 Medals at Florida Swim Championships

At the Florida Age Group Winter Championships over the weekend (November 17-20<sup>th</sup>, 2011) held at the Plantation Swim Complex, Swift Swimming won **10 individual medals** in finishing with **325 points for a 14<sup>th</sup> place overall finish and 10<sup>th</sup> place among the men (231 points)** out of some 55 teams. The team performance had 14 swimmers making finals with a majority of personal best swims. The medals were awarded to the top three finishes in each event out of a total of almost 1400 swimmers. Those making finals for Swift individually and on relays were **Tremaine Allen, Alexander Encinar, Michael Hernandez, Lilly Higgs, Albury Higgs, Nikolaus Holmberg, Peter Morley, Zach Moses, Doran Reed, Simone Sturup, Celine Thompson, Luke Kennedy Thompson, Mark Anthony Thompson, and Paul Bevans**. Swift had three relays represented at the meet in the following age groups: Boys 9 & 10, Girls 13 & 14, and Boys 13 & 14. All relays finished in the top 10 in their respective age groups. The meet was a very busy one with two 50 meter pools being used by having the swimmers race the width of the pool which provided a 25 yard course for competition. With the number of swimmers and the number of events the competition ran from 8:30 AM to about 8:30 PM with only a short break in between.

Four Swift swimmers won medals. **Zach Moses led the way with 5 medals**. The medal winners were **Simone Sturup** with a gold in the 50 yd Free in 25.14, **Zach Moses** won two silvers in the 400 IM in 4:25.17, and 1650 Free in 17:18.24 respectively. Zach also won 3 bronze medals in the 50 Breast in 29.53, 100 breast in 1:04.27, and 200 IM in 2:05.01 respectively. **Alexander Encinar**, won a silver in the 100 Breast in 1:08.88, and two bronzes in the 200 Breast in 2:30.28, and 50 Breast in 30.56. **Luke– Kennedy Thompson** won a bronze in the 50 breast in 36.58.

Other outstanding performances were turned in by Nikolaus Homborg with all personal best swims in making 5 individual finals and 5 relay finals. Nik got a fourth in the 50 free in 24.44, 4<sup>th</sup> in the 100 IM in 1:02.24, 6<sup>th</sup> in the 50 Breast in 31.77, 7<sup>th</sup> in the 50 Back in 30.49, and a 10<sup>th</sup> in the 100 Free in 55.35 Peter Morley also made 5 individual finals and two relay finals. Peter got two fourth place finishes in the Backstrokes with a 100 Back time of 1:14.75, and a 50 back time of 34.54. He was 7<sup>th</sup> in the 100 Breast in 1:26.26, and 8<sup>th</sup> in the 200 free in 2:26.91, and 8<sup>th</sup> in the 50 breast in 40.26. Luke Thompson also made three other finals along with his bronze medal 50 Breast finals swim and they were a 5<sup>th</sup> in the 200 Free in 2:24.00, 8<sup>th</sup> in the 100 Breast in 1:26.57, and a 9<sup>th</sup> in the 100 IM in 1:16.96. Albury Higgs made finals in four events with a 5<sup>th</sup> place finish in the 200 Breast in 2:41.14, a 5<sup>th</sup> place finish in the 50 Breast in 34.56, a 8<sup>th</sup> place finish in the 100 Breast in 1:15.41, and a 9<sup>th</sup> place finish in the 200 Free in 2:07.88. Tremaine Allen made finals in Three events with a 7<sup>th</sup> place finish in the 500 Free in 5:38.23, a 10<sup>th</sup> place

finish in the 200 Breast in 2:48.14, and a 10<sup>th</sup> place in the 50 Breast in 35.18. Simone Sturup also picked up three other final swims, with a 5<sup>th</sup> in the 100 Fly in 1:02.33, a 5<sup>th</sup> in the 50 Fly in 27.99, and a 6<sup>th</sup> in the 100 Free in 55.90. Zach Moses also got a 4<sup>th</sup> in the 500 Free in 5:07.85, a 5<sup>th</sup> in the 200 Free in 1:52.43, and a 7<sup>th</sup> in the 100 IM in 58.84. Other final swims were turned in by Doran Reed with a 6<sup>th</sup> place finish in the 50 Back in 29.58, Lilly Higgs with a 9<sup>th</sup> place finish in the 50 Breast in 38.59, Michael Hernandez with a 7<sup>th</sup> place finish in the 50 Free in 25.03 and Mark Thompson with a 10<sup>th</sup> place finish in the 50 Breast in 45.53.

In the relays the 13 & 14 Boys relay made up of **Nikolaus Holmberg, Michael Hernandez, Alexander Encinar, and Zach Moses** finished with a 4<sup>th</sup> in the 800 Free relay in 8:23.25, a 5<sup>th</sup> place in the 400 Free relay in 3:39.84, a 6<sup>th</sup> place in the 200 Free relay in 1:50.09, a 6<sup>th</sup> place in the 200 Medley relay in 1:52.60 and a 8<sup>th</sup> place in the 400 Medley relay in 4:10.52.

The 13 & 14 girls relay made up of **Doran Reed, Tremaine Allen, Celine Thompson, and Simone Sturup** finished with a 5<sup>th</sup> place in the 200 Free relay in 1:44.21, a 6<sup>th</sup> in the 200 Medley relay in 1:59.39, and a 6<sup>th</sup> place in the 400 Medley relay in 4:23.87.

Other swimmers who made up the Swift Family and contributed to the teams success at the meet, and who also swam personal bests in some races were **Jemarco Armbrister, Anibal Hernandez, Abigail Lowe, and Jourdan Bevans**

The next focus will be the **Carifta Games scheduled for The Bahamas in April, 2012.**