



As we have done for the past five years, we have arranged for live coverage via Cable 12 of this 39<sup>th</sup> Annual RBC Bahamas National Swimming Championships, to be held Wednesday June 23<sup>rd</sup> to Saturday June 26<sup>th</sup>, 2010.

This year we want to further develop the coverage by allowing a certain number of our swimmers the opportunity to be highlighted in a pre-recorded focus spot/interview with Cable 12.

These focus spots are a fun, new way for the swimmers to show their personalities and what is important to them. The younger swimmers will love the opportunity to be a “star”. So will their grandparents! The interviews can be used as marketing tools for the high school athletes who are applying to colleges and preparing their resumes. The senior swimmers can amaze the rest of the country with the highlights of their achievements over the years.

Each focus spot will be offered at a cost of \$500. However, we have to limit the number of interviews because of time constraints, so we will be adopting the following procedure in an effort to make it as fair as possible. Each registered club (including the pool of unattached swimmers who will be considered as a club for this purpose) will be guaranteed focus spots for the first three (3) swimmers whose entry forms are submitted to Valerie Lowe online at [vflowe@gmail.com](mailto:vflowe@gmail.com) during the regular entry submission period.

If a club submits more than 3 swimmers, they will be placed on a wait-list in the order they are received. Depending on the time constraints and the total number of entries received, some of the wait-listed swimmers will move onto the guaranteed list. The time period for the clubs to get their guaranteed 3 spaces is from May 1<sup>st</sup> to May 15<sup>th</sup>. The guaranteed swimmers will be notified on May 16<sup>th</sup>. Funds must then be submitted to Valerie Lowe by May 19<sup>th</sup> in order for the spot to be confirmed. Interviews will start on the weekend of May 22<sup>nd</sup>.

Swimmers on the wait-list will be informed as soon as spaces become available. Funds will have to be submitted within 2 days of confirmation. After May 15<sup>th</sup>, any entries received will be listed in the order they are received, notwithstanding club allocation. In other words, the guaranteed 3 spaces per club will only be valid during the regular period of submission, ending May 15<sup>th</sup>.

The only criteria for submitting a name is that the swimmer should have qualified to swim at Nationals 2010, and will be participating. 8 & under swimmers need to check with their clubs to make sure that they will be entered in the meet before their names are submitted. We welcome everyone, young and old, and look forward to an enthusiastic response.



**Cable 12 Focus Spot/Interview**  
**Entry Form – Nationals 2010**

Regular Entry Submission Period: May 1<sup>st</sup> to May 15<sup>th</sup>

E-mail to [vflowe@gmail.com](mailto:vflowe@gmail.com)

Notification on Sunday May 16<sup>th</sup>

Payment of \$500.00 due by May 19<sup>th</sup> (cheque made payable to Bahamas Swimming Federation)

Name of Swimmer: \_\_\_\_\_

Club: \_\_\_\_\_

Pool where you are training: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Name of parent/s: \_\_\_\_\_

Telephone contacts: \_\_\_\_\_

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E-mail address: \_\_\_\_\_

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If not in Nassau or Freeport, date you will be arriving: \_\_\_\_\_

Signatures of club coach or officer, swimmer and parent confirming that the above swimmer has qualified for Nationals 2010 and will be entered and will participate:

Coach/officer of club: \_\_\_\_\_ Date: \_\_\_\_\_

Swimmer: \_\_\_\_\_ Date: \_\_\_\_\_

Parent (of swimmers under 18) \_\_\_\_\_ Date: \_\_\_\_\_