

**CENTRAL AMERICAN
AND
CARIBBEAN
AMATEUR SWIMMING CONFEDERATION
(C.C.C.A.N.)**

**SUMMONS FOR THE XXVI CENTRAL AMERICAN AND
CARIBBEAN CHAMPIONSHIPS
IN
SWIMMING AND DIVING, XXI IN WATER POLO,
AND
XVIII IN SYNCHRONIZED SWIMMING
AND
II IN OPEN WATER SWIMMING
IN THE
CATEGORIES INFANTILE, JUVENILE AND SENIOR**

THE CCCAN SUMMONS ALL ITS AFFILIATED COUNTRIES, COLOMBIA, SURINAM, AND VENEZUELA OF THE SOUTH AMERICAN CONFEDERATION AND GUADELOUPE AND MARTINIQUE OF THE FRENCH SWIMMING FEDERATION TO PARTICIPATE IN THE CENTRAL AMERICAN AND CARIBBEAN CHAMPIONSHIPS MENTIONED ABOVE IN ACCORDANCE WITH THE FOLLOWING:

BASIS

1. PARTICIPANTS:

EVERY PARTICIPANT IN THESE CHAMPIONSHIPS MUST BE A MEMBER OF A FEDERATION DULY CONSTITUTED AND AFFILIATED TO THIS CONFEDERATION (CCCAN) AS LONG AS THE FEDERATION IS UP TO DATE IN ITS MEMBERSHIP DUES AND HAS FULL USE OF ITS RIGHTS. THE TEAMS PARTICIPATING IN THESE CHAMPIONSHIPS MUST DO SO IN THE NAME OF THE COUNTRY FROM WHICH THEY COME, WITH THE UNDERSTANDING THAT THEY ARE MEMBERS OF THE CONFEDERATION THROUGH THEIR RESPECTIVE FEDERATIONS.

- | | |
|-------------------------------|--------------------------------|
| 1. NETHERLAND ANTILLES | 14. GUATEMALA |
| 2. ANTIGUA-BARBUDA | 15. HONDURAS |
| 3. ARUBA | 16. VIRGIN ISLANDS |
| 4. BAHAMAS | 17. JAMAICA |
| 5. BARBADOS | 18. MEXICO |
| 6. BERMUDA | 19. NICARAGUA |
| 7. CAYMAN ISLANDS | 20. PANAMA |
| 8. COSTA RICA | 21. PUERTO RICO |
| 9. CUBA | 22. SAINT LUCIA |
| 10. DOMINICA | 23. TRINIDAD AND TOBAGO |
| 11. DOMINICAN REPUBLIC | 24. SAINT VINCENT AND |
| 12. EL SALVADOR | THE GRENADINES |
| 13. GRENADA | |

ALSO, RESIDENTS OF COLOMBIA, SURINAM AND VENEZUELA MAY, WITHOUT BEING MEMBERS OF THE CCCAN, PARTICIPATE IN THESE CHAMPIONSHIPS THROUGH THEIR RESPECTIVE FEDERATIONS AS LONG AS THEY RECEIVE THE APPROVAL AND AUTHORIZATION OF THE SOUTH AMERICAN CONFEDERATION, TO WHICH THEY ARE AFFILIATED.

EQUALLY, THE RESIDENTS OF GUADELOUPE AND MARTINIQUE MAY PARTICIPATE THROUGH THEIR RESPECTIVE ASSOCIATIONS, AS LONG AS THEY OBTAIN THE APPROVAL OF THE FRENCH SWIMMING FEDERATION TO WHICH THEY BELONG.

3.

2. CATEGORIES:

SWIMMING

- 1. INFANTILE "B"** **COMPETITORS 11 AND 12 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2008. ATHELETES BORN IN 1996 AND 1997 MAY PARTICIPATE.**
- 2. JUVENILE "A"** **COMPETITORS 13 AND 14 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2008. ATHLETES BORN IN 1994 AND 1995 MAY PARTICIPATE.**
- 3. JUVENILE "B"** **COMPETITORS 15, 16 AND 17 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2008. ATHLETES BORN IN 1991, 1992 AND 1993 MAY PARTICIPATE.**
- 4. SENIOR** **COMPETITORS 18 YEARS OLD AND OVER AT MIDNIGHT, DECEMBER 31, 2008. ATHLETES BORN IN OR BEFORE 1990 MAY PARTICIPATE.**

DIVING

- 1. GROUP "A"** **COMPETITORS 16, 17 AND 18 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1991, 1992 AND 1993 MAY PARTICIPATE.**
- 2. GROUP "B"** **COMPETITORS 14 AND 15 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1994 AND 1995 MAY PARTICIPATE.**
- 3. GROUP "C"** **COMPETITORS 12 AND 13 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1996 AND 1997 MAY PARTICIPATE.**
- 4. GROUP "D"** **COMPETITORS 11 YEARS OLD OR LESS AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1998 OR LATER MAY PARTICIPATE.**

WATER POLO

- 1. GROUP 1-(MAS)** **COMPETITORS 16 YEARS OLD OR LESS AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1993 OR LATER MAY PARTICIPATE.**

GROUP 1-A (FEM) Same as above

- 2. GROUP 2 (MAS)** **COMPETITORS 18 YEARS OLD OR LESS AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1991 OR LATER MAY PARTICIPATE.**

GROUP 2-A (FEM) Same as above

3. GROUP 3 (MAS) COMPETITORS 19 YEARS OLD OR MORE AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1990 OR BEFORE MAY PARTICIPATE

GROUP 3-A (FEM) Same as above

NOTE : GROUPS 3 and 3- A WILL BE USED AS CLASSIFICATION FOR THE CAC GAMES- 2010

SYNCHRONIZED SWIMMING

- 1. GROUP 1 COMPETITORS 12 YEARS OLD OR LESS AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1997 OR LATER MAY APARTICIPATE.**
- 2. GROUP 2 COMPETITORS 13, 14 & 15 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1994, 1995 AND 1996 MAY PARTICIPATE.**
- 3. GROUP 3 COMPETITORS 16, 17 & 18 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1991, 1992 AND 1993 MAY PARTICIPATE.**
- 4. GROUP 4 COMPETITORS 19, 20 & 21 YEARS OLD AT MIDNIGHT, DECEMBER 31, 2009. ATHLETES BORN IN 1988, 1989 AND 1990 MAY PARTICIPATE.**

OPEN WATER SWIMMING

- | | | |
|--------------|----------|---|
| GROUP | A | COMPETITORS 14 YEARS OLD THROUGH 17 YEARS OLD AT MIDNIGHT DECEMBER 31, 2008. ATHLETES BORN IN 1991, 1992, 1993 AND 1994 MAY PARTICIPATE. |
| GROUP | B | COMPETITORS 18 YEARS OLD OR MORE AT MIDNIGHT DECEMBER 31, 2008 . ATHLETES BORN ON OR BEFORE 1990 MAY PARTICIPATE |

3. HOST

THE HOST COUNTRY FOR THESE CHAMPIONSHIPS WILL BE MEXICO. FOR THIS REASON, THE MEXICAN SWIMMING FEDERATION WILL BE IN CHARGE OF THE ORGANIZATION AND WILL ASSIST THE CCCAN IN THE PREPARATION OF THE COMPETITIONS.

THE CHAMPIONSHIPS WILL BE HELD IN MEXICO CITY and CUERNAVACA, MEXICO WITH THE FOLLOWING ITINERARY:

ARRIVAL	JUNE 28, 2009
EXTRAORDINARY CCCAN CONGRESS	JUNE 29, 2009 AT 9:00 A.M.

TECHNICAL MEETINGS JUNE 29,2009 AFTER THE CONGRESS
OPENING CEREMONY JUNE 29, 2009 IN THE EVENING
COMPETITIONS JUNE 30, 2009 THROUGH JULY 5, 2009
CLOSING CEREMONY JULY 5 , 2009
RETURN TO COUNTRY OF ORIGIN JULY 6, 2009

4. COMPETITORS

FOR A COMPETITOR TO REPRESENT THE COUNTRY THAT ENTERS HIM/HER, HE/SHE MUST COMPLY WITH THE FOLLOWING REQUIREMENTS:

- a PROVE HIS/HER EXACT AGE BY MEANS OF AN OFFICIAL BIRTH CERTIFICATE OR PASSPORT.**
- b THE COMPETITOR SHALL BE A CITIZEN, WHETHER BY BIRTH OR NATURALIZATION, OF THE NATION HE/SHE REPRESENTS.(SEE FINA RULE GR 2.5).**
- c FINA RULE “GR-1” MUST BE CONSIDERED. THERE IS NO OBSTACLE TO THE PARTICIPATION OF A COMPETITOR, EVEN IF HE/SHE HAS OBTAINED SOME INTERNATIONAL CLASSIFICATION IN OLYMPIC OR REGIONAL GAMES BECAUSE THE ONLY REQUIREMENT FOR PARTICIPATION IN THESE CHAMPIONSHIPS IS COMPLIANCE WITH AGE LIMITS.**

5. ENTRIES:

THE ORGANIZING COMMITTEE WILL PROVIDE ENTRY FORMS AND INSTRUCTIONS TO ALL INVITED TEAMS ON OR BEFORE APRIL 1, 2009

THE PARTICIPATING COUNTRIES MUST SEND THEIR FINAL ENTRIES IN THE FORMS PROVIDED WITH THE SEAL OF THE FEDERATION BY CERTIFIED AIRMAIL NOT LATER THAN JUNE 15, 2009 TO THE CHAMPIONSHIP ORGANIZING COMMITTEE AT:

**FEDERACION MEXICANA DE NATACION
Av Del Conscripto y Anillo Periferico
S/N Colonia Lomas de Sotelo
11200 México, D.F.
MEXICO
TEL: (52-55) 2122 0321 / 5557 2459
FAX: (52-55) 5395 7459
E-MAILS: natacion@fmm.org.mx**

IT IS VERY IMPORTANT THAT ALL COMMUNICATIONS BE ADDRESSED IN THIS MANNER.

THE PRELIMINARY ENTRIES (BY TEAM) MUST BE MADE BY E-MAIL IN THE FORMS PROVIDED AND MUST BE IN THE HANDS OF THE ORGANIZING COMMITTEE NO LATER THAN APRIL 15 , 2009 THEY SHOULD INDICATE THE FOLLOWING:

1. IN WHAT SWIMMING CATEGORIES THEY WILL PARTICIPATE.
2. IN WHAT DIVING CATEGORIES THEY WILL PARTICIPATE.
3. IN WHAT WATER POLO CATEGORIES THEY WILL PARTICIPATE.
4. IN WHAT SYNCHRONIZED SWIMMING CATEGORIES AND EVENTS THEY WILL PARTICIPATE.
5. IN WHAT OPEN WATER SWIMMING CATEGORY THEY WILL PARTICIPATE
6. THE APPROXIMATE NUMBER OF PERSONS IN THE OFFICIAL DELEGATION, INDICATING: NUMBER OF FEMALE ATHLETES, NUMBER OF MALE ATHLETES, AND THE NUMBER OF DELEGATION OFFICIALS AND TECHNICAL OFFICIALS.

ALTHOUGH THE LAST DATE FOR THE PRELIMINARY ENTRIES IS APRIL 15, 2009, IT WILL BE GREATLY APPRECIATED IF THIS INFORMATION IS SUBMITTED TO THE ORGANIZING COMMITTEE AS SOON AS POSSIBLE TO ALLOW THEM TO MAKE ARRANGEMENTS FOR LOCAL TRANSPORTATION AND ROOM AND BOARD.

FINAL ENTRIES, BY GROUP OR SPECIAL EVENT, MUST BE IN THE HANDS OF THE ORGANIZING COMMITTEE NO LATER THAN MIDNIGHT, JUNE 20, 2009. IF THE ENTRIES ARE DELIVERED PERSONALLY, THEY MUST BE RECEIVED NO LATER THAN MIDNIGHT, JUNE 23, 2009. THE HOST COUNTRY WILL NOT BE RESPONSIBLE FOR THE EXPENSES INCURRED BY THE PERSON, OR PERSONS, THAT PERSONALLY DELIVER THE FINAL ENTRIES.

FOR SWIMMING, THE FINAL ENTRIES MUST BE SEND IN THE "MEET MANAGER" FORM AND THE OTHER DISCIPLINES MUST BE SEND IN THE FORM PROVIDED BY THE ORGANIZING COMMITTEE.

6. ENTRY RULES

SWIMMING AND DIVING:

- a. EACH COUNTRY MAY ENTER A MAXIMUM OF TWO (2) COMPETITORS IN EACH INDIVIDUAL EVENT. EACH COUNTRY MAY ENTER ONLY ONE TEAM IN THE SYNCHRONISED DIVING EVENTS
- b. THERE IS NO LIMIT IN THE NUMBER OF EVENTS IN WHICH AN INDIVIDUAL COMPETITOR MAY PARTICIPATE.
- c. NO ALTERNATES OR SUBSTITUTES WILL BE ALLOWED IN INDIVIDUAL EVENTS.
- d. IN RELAY EVENTS, EACH COUNTRY MAY ENTER FOUR (4) COMPETITORS, BUT ANY MEMBER OF THE COUNTRY'S TEAM, DULY ENTERED IN THE CHAMPIONSHIPS, MAY BE A SUBSTITUTE.
- e. NO COMPETITOR MAY PARTICIPATE OUT OF HIS/HER AGE GROUP, EVEN IN AN OLDER ONE.
- f. THE EXACT LIST OF DIVES FOR EACH COMPETITOR MUST BE TURNED IN TO THE DIVING REFEREE AT LEAST 24 HOURS PRIOR TO THE DIVER'S

OFFICIAL PARTICIPATION.

- g. THE ORDER OF THE SWIMMERS IN THE RELAY EVENTS MUST BE TURNED IN TO THE SCORING TABLE NO LATER THAN (1) HOUR PRIOR TO THE START OF THE SESSION IN WHICH THE EVENT IS TO BE HELD**

WATER POLO:

- 1. EACH COUNTRY MAY ENTER NO LESS THAN NINE (9) AND NO MORE THAN THIRTEEN (13) PLAYERS PER CATEGORY.**
- 2. THE ROSTERS OF ALL TEAMS MUST BE TURNED IN THE TECHNICAL MEETING AND ANY PLAYER CAN NOT CHANGE THE CAP NUMBER DURING THE GAMES WITHOUT THE REFEREE PERMISSION.**
- 3. NO PLAYER COULD PARTICIPATE IN MORE THAN ONE (1) AGE GROUP.**

SYNCHRONIZED SWIMMING (FEMALE)

- 1. EACH COUNTRY MAY ENTER TWO (2) SOLOS, TWO (2) DUETS AND ONE TEAM PER AGE GROUP.**
- 2. THE TEAMS MUST EACH BE COMPOSED OF A MINIMUM OF FOUR (4) SWIMMERS AND A MAXIMUM OF EIGHT (8). FINA RULE SS18.1 WILL APPLY**
- 3. NO COMPETITOR MAY PARTICIPATE OUTSIDE OF HER AGE GROUP, EVEN IN AN OLDER ONE.**

OPEN WATER SWIMMING

- a. EACH COUNTRY MAY ENTER A MAXIMUM OF TWO (2) COMPETITORS PER INDIVIDUAL EVENT ; MALE AND FEMALE.**
- b. THOSE COMPETITORS WITH AGES BETWEEN 14 AND 17 YEARS OLD COULD ONLY PARTICIPATE IF THEY ARE REPRESENTED BY THEIR PARENTS OR BY THE DELEGATE OF THEIR COUNTRY AT THE CHAMPIONSHIPS.THE COMPETITOR'S REPRESENTATIVES MUST SIGN AND INCLUDE WITH THE ENTRY FORM A DOCUMENT EXONERATING OTHERS OF RESPONSIBILITIES.**
- c. ALL COMPETITORS MUST BE SUBJECT TO A MEDICAL PHYSICAL EXAMINATION AT THE HOST COUNTRY PRIOR TO THE TECHNICAL MEETING.TIME AND PLACE TO BE COMMUNICATED TO EACH DELEGATION AT THE TIME THEY ARRIVE AT THE HOST COUNTRY.**

7 MINIMUM OF PARTICIPATING COUNTRIES:

FOR THE CELEBRATION OF A “CHAMPIONSHIP” IN ANY OF THE DISCIPLINES (SWIMMING, DIVING, WATER POLO, SYNCHRONIZED SWIMMING, AND OPEN WATER) AND THEIR RESPECTIVE CATEGORIES, PARTICIPATION OF AT LEAST TWO (2) COUNTRIES IS REQUIRED. IF, IN SOME DISCIPLINE, AND/OR EVENT, THERE IS NOT AT LEAST TWO (2) COUNTRIES PARTICIPATING, THE ORGANIZING COMMITTEE SHALL ADVISE THE PRESIDENT OF THE CCCAN OF THE ELIMINATION OF THESE EVENTS SEVEN (7) DAYS PRIOR TO THE OPENING DATE (JUN 30, 2009) FOR THE CORRESPONDING ACTION.

8. RULES:

THE CHAMPIONSHIPS WILL BE RUN UNDER THE RULES OF THE FEDERATION INTERNATIONALE DE NATATION (FINA) IN FORCE AT THE TIME OF THE COMPETITION AND THE PROPOSALS SUBMITTED AT THE LAST EXTRAORDINARY CCCAN CONGRESS HELD IN SAN SALVADOR ,EL SALVADOR IN THE YEAR 2007 AND APPROVED BY THE EXECUTIVE COMMITTEE. THE EXCEPTIONS TO THE FINA RULES AUTHORIZED JANUARY 17, 1996 ARE INCLUDED.

9. INTERPRETATIONS:

THE CCCAN EXECUTIVE COMMITTEE SHALL HAVE COMPLETE AUTHORITY TO ANSWER AND RESOLVE WHATEVER INTERPRETATION, RESOLUTION OR APPEAL RELATED TO THESE CHAMPIONSHIPS.

10. TECHNICAL OFFICIALS:

THE CCCAN WILL ,IN THE FUTURE, NAME THE JUDGES AND REFEREES FOR THE CHAMPIONSHIPS, WITH THE UNDERSTANDING THAT AT LEAST 90% WILL BE PROVIDED BY THE HOST COUNTRY. THE FEDERATIONS PARTICIPATING IN THESE CHAMPIONSHIPS COULD INCLUDE IN THEIR DELEGATION A MAXIMUM OF TWO (2) TECHNICAL OFFICIALS PER DISCIPLINE. IN SYNCHRONISED SWIMMING IT IS MANDATORY TO SEND TWO (2) JUDGES.

THE LIST WITH THE NAMES AND EXPERIENCE OF EACH TECHNICAL OFFICIAL SHOULD BE SENT PRIOR TO JUNE 1ST, 2009 TO THE PRESIDENT OF THE CCCAN AS FOLLOWS:

**ENG. ORBAN MENDOZA
1709 JAZMIN STREET
URB. SAN FRANCISCO
RIO PIEDRAS, PR 00927
TEL: (787) 765-5233
FAX: (787) 754-5939
E-MAIL omendoza@coqui.net**

THE PRESIDENT WILL NOTIFY TO EACH FEDERATION AND TO THE ORGANIZING COMMITTEE THE NAMES OF THOSE TECHNICAL OFFICIALS SELECTED TO WORK IN THE EVENT.

11. AWARDS:

AWARDS SHALL BE MADE FROM FIRST (1ST) TO EIGHT (8TH) PLACE IN EVERY EVENT, AS WELL AS A TROPHY, EQUAL FOR EACH CHAMPION TEAM, IN EVERY DISCIPLINE AND CATEGORY. EVERY AWARD SHALL BEAR THE INITIALS OF THE CCCAN.

FIRST TO THIRD PLACE SHALL BE AWARDED MEDALS; GOLD, SILVER AND BRONZE RESPECTIVELY. FOURTH TO EIGHTH PLACE SHALL BE AWARDED RIBBONS OR DIPLOMAS.

THE AWARDS SHALL BE MADE AT THE END OF EACH EVENT ON THE AWARDS STAND. ONLY THE FIRST THREE PLACES WILL GO TO THE AWARDS STAND. THE FLAGS OF THE FIRST THREE PLACES SHALL BE RAISED AND THE HYMN OF THE WINNING COUNTRY SHALL BE PLAYED.

IN WATER POLO, RELAYS IN SWIMMING, DUETS AND TEAMS IN SYNCHRONIZED SWIMMING, EACH PARTICIPANT SHALL RECEIVE THE AWARD CORRESPONDING TO HIS/HER COUNTRY.

IN SYNCHRONIZED SWIMMING AWARDS WILL BE GIVEN IN FIGURES AND FREE ROUTINE SEPARATE. FOR THE FIGURES THE CUALIFICATION OBTAINED BY THE ATHLETE, AWARDED FROM I THROUGH 8, COMPLYING WITH RULE SS12.1 INDEPENDENT OF THE COUNTRY WHERE SHE BELONGS. FOR THE FREE ROUTINE, THE CUALIFICATION OBTAINED IN THE FIGURES SHOULD BE ADDED TO THE CUALIFICATIONS OBTAINED IN THE FREE ROUTINE AND DIVIDED BY 50% IN COMPLIANCE TO RULES SS12.2, SS12.3 and SS 13. FOR THE 19-21 CATEGORY, THE TECHNICAL ROUTINE AND FREE ROUTINE WILL BE AWARDED INDEPENDLY. THIS COULD BE SWUNG BY DIFFERENT ATHLETES.

SCORING FOR SWIMMING, DIVING AND OPEN WATER SWIMMING :

FIRST PLACE	9 POINTS
SECOND PLACE	7 POINTS
THIRD PLACE	6 POINTS
FOURTH PLACE	5 POINTS
FIFTH PLACE	4 POINTS
SIXTH PLACE	3 POINTS
SEVENTH PLACE	2 POINTS
EIGHTH PLACE	1 POINT

POINTS WILL BE DOUBLE FOR THE RELAYS IN SWIMMING AND WATER POLO POINTS WILL BE DOUBLE FOR THE SYNCHRONISED DIVING. THIS WILL BE APPLIED TO THEIR CORRESPONDING AGE GROUP. SHOULD THEY COMES FROM DIFFERENT GROUPS THE POINTS WILL BE DIVIDED IN 2 EQUAL AMOUNT OF POINTS FOR EACH CORRESPONDING AGE GROUP.

FOR SYNCHRONIZED SWIMMING POINTS WILL BE AS FOLLOWS:

SOLOS : 24,22,20,18,16,14,12,10.
DUETS : 36,33,30,27,24,21,18,15
TEAM : 72,66,60,54,48,42,36,30

NOTES:

°IN THE SOLO AND DUET EVENTS RESPECTIVELY ONLY THE COUNTRY WITH HIGHEST POINTS WILL RECEIVE AWARDS.THE SECOND SOLOS AND DUETS RESPECTIVELY WILL RECEIVE AN HONORARY PARTICIPATION.

INDEPENDENT SCORING WILL BE KEPT IN EACH SPECIALTY, CATEGORY, AND SEX TO DECIDE THE CHAMPION TEAMS. THE TEAM WITH THE MOST TOTAL POINTS, IN ALL DISCIPLINES AND CATEGORIES, WILL RECEIVE A TROPHY AND WILL ALSO RECEIVE THE CCCAN FLAG TO KEEP UNTIL THE NEXT CHAMPIONSHIPS.

12. SWIMMING PROGRAM:

THE HEATS IN SWIMMING WILL BE HELD IN THE MORNING AND THE EIGHT (8) FINALISTS WILL BE SELECTED BASED ON TIME. THE FINALS WILL BE HELD IN THE AFTERNOON.

THE SLOWER HEATS OF 800 FREE FOR WOMEN AND 1500 FREE FOR MEN WILL BE HELD IN THE MORNING AS “TIME FINALS”AND WILL BE SEEDED AS PER FINA RULE SW 3.1.1.5. THE COMPETITORS WITH THE EIGHT (8) FASTEST TIMES REGISTERED WILL SWIM IN THE FINALS IN THE AFTERNOON.

13. DIVING PROGRAM:

THE DIVING PROGRAM WILL BE IN CONFORMANCE WITH THE FINA AGE GROUP (DAG) RULES AND EXCEPTIONS AUTHORIZED BY FINA.

1. ALL COMPETITIONS SHALL BE FINAL AND SHALL BE HELD IN THE AFTERNOON. IN CASE THERE ARE MORE THAN TWELVE (12) COMPETITORS IN ANY EVENT, THE FIRST PART OF THE COMPETITION (THE DIVES WITH A LIMIT IN DEGREE OF DIFFICULTY), SHALL BE IN THE EVENING WITH THE TIME TO BE DETERMINED.

2. THE FINA AGE GROUP RULES (DAG) SHALL APPLY TO GROUPS “A”, “B”, AND “C” WITHOUT EXCEPTION.

3. FOR THE “D” GROUP APPLY THE FOLLOWING:

SPRINGBOARD – (1 AND 3 MT.)

-----WOMEN

- a. **SPRING BOARD (1 and 3 meters)**
 - i. **3 DIVES VOLUNTARILY SELECTED WITH THE TOTAL DEGREE OF DIFFICULTY NOT TO EXCEED 5.4.**
 - ii. **2 FREE DIVES**

b. -----PLATFORM – (5 MT.)

- i. 3 DIVES WITH THE TOTAL DEGREE OF DIFFICULTY NOT TO EXCEED 5.4.
- ii. 2 FREE DIVES.

MEN

- a. **SPRING BOARD (1and 3 meters)**
 - i. 3 DIVES VOLUNTARY SELECTED WITH THE TOTAL DEGREE OF DIFICULTY NOT TO EXCEED 5.4
 - ii. 3 FREE DIVES
- b. **PLATFORM (5 MT.)**
 - i. 3 DIVES WITH THE TOTAL DEGREE OF DIFFICULTY NOT TO EXCEED 5.4
 - ii 3 FREE DIVES

14. WATER POLO PROGRAM

THE SYSTEM OF GAMES AND ITINERARIES WILL BE DECIDED IN THE TECHNICAL MEETING, IN ACCORDANCE WITH THE NUMBER OF PARTICIPATING TEAMS IN EACH CATEGORY. THE SYSTEM TO DECIDE TIES WILL BE AS SET FORTH IN THE FINA RULE BOOK.

FOR ALL CATEGORIES, THE BALL SHALL BE ONE THAT SATISFIES THE REQUIREMENS OF FINA. THE BALL WILL BE SELECTED BY THE ORGANIZING COMMITTEE AFTER DISCUSSIONS WITH THE CCCAN.

15 SYNCHRONIZED SWIMMING PROGRAM :

THE SYNCHRONIZED SWIMMING PROGRAM SHALL BE IN CONFORMANCE WITH THAT SET FORTH IN THE FINA AGE GROUP RULES. THE ORDER AND DEVELOPMENT OF THE COMPETITION WILL BE DETERMINED IN ACCORDANCE WITH THE NUMBER OF PARTICIPANTS IN EACH CATEGORY. THEREFORE THE FINAL ORDER OF EVENTS WILL BE ORGANIZED FOLLOWING PRELIMINARY ENTRIES.

THE PARTICIPATING COUNTRIES SHOULD INFORM BY MAY 15, 2009 IN WHICH CATEGORY AND EVENTS THEY WILL PARTICIPATE.

THE ORGANIZING COMMITTEE SHALL SEND TO EACH PARTICIPANTING COUNTRY, NO LATER THAN APRIL 30, 2009, THE INFORMATION INDICATED IN FINA RULE SS 24.2. INCLUDING POOL DIAGRAM WITH DEPTH AND MUSIC FORMAT.

16. LIVING EXPENSES:

EACH PARTICIPATING COUNTRY HAS THE RIGHT TO INCLUDE IN ITS OFFICIAL DELEGATION, AT THE COSTS INDICATED BELOW, THE FOLLOWING TEAM OFFICIALS:

A. SWIMMING AND DIVING

- 1. DELEGATIONS WITH 10 COMPETITORS OR LESS – 3 TEAM OFFICIALS
- 2. DELEGATIONS WITH MORE THAN 10 COMPETITORS BUT LESS THAN 31 – 4 TEAM OFFICIALS.
- 3. DELEGATIONS WITH MORE THAN 30 COMPETITORS BUT LESS THAN 51 –

5 TEAM OFFICIALS.

4. DELEGATIONS WITH MORE THAN 50 COMPETITORS – 6 TEAM OFFICIALS.

B. SYNCHRONIZED SWIMMING: 4 TEAM OFFICIALS

C. WATER POLO: 2 TEAM OFFICIALS PER TEAM

D. OPEN WATER SWIMMING :2 TEAM OFFICIALS

EVERY VISITING TEAM WILL PAY THE ORGANIZING COMMITTEE THE FOLLOWING RATES PER PERSON PER DAY:

\$ 45.00 (USA) IN TRIPLE ROOM

THE ORGANIZING COMMITTEE WILL PROVIDE LOCAL TRANSPORTATION INCLUDING FROM MEXICO CITY AIRPORT TO CUERNAVACA AND BACK ,ALL ACCOMODATIONS AND MEALS FROM JUNE 28, 2009 THROUGH JULY 6, 2009.

17. POOLS AND VILLAS

LATER, THE ORGANIZING COMMITTEE WILL PROVIDE ALL PARTICIPATING COUNTRIES WITH INFORMATION REGARDING THE PLACE(S) TO SERVE AS VILLAS , COMPETITION POOLS AND THE SITE FOR THE OPEN WATER SWIMMING EVENTS.

SWIMMING PROGRAM

FIRST DAY (JUNE 30, 2009)

1-2	200 MTS. BUTTERFLY	11-12
3-4	200 MTS. BUTTERFLY	13-14
5-6	200 MTS. BUTTERFLY	15-17
7-8	800/1500 MTS. FREE	18-99
9-10	50 MTS. BACK	11-12
11-12	50 MTS. BACK	13-14
13-14	50 MTS. BACK	15-17
15-16	50 MTS. BACK	18-99
17-18	200 MTS. BREAST	11-12
19-20	200 MTS. BREAST	13-14
21-22	200 MTS. BREAST	15-17
23-24	200 MTS. BREAST	18-99

SECOND DAY (JULY 1ST, 2009)

25-26	200 MTS. BACK	11-12
27-28	200 MTS. BACK	13-14
29-30	200 MTS. BACK	15-17
31-32	200 MTS. BACK	18-99
33-34	50 MTS. BUTTERFLY	11-12
35-36	50 MTS. BUTTERFLY	13-14

37-38	50 MTS. BUTTERFLY	15-17
39-40	50 MTS. BUTTERFLY	18-99
41-42	200 MTS. IND. MEDLY	11-12
43-44	200 MTS. IND. MEDLY	13-14
45-46	800/1500 MTS. FREE	15-17
47-48	200 MTS. IND. MEDLY	18-99

THIRD DAY (JULY 2, 2009)

49-50	200 MTS. IND. MEDLY	15-17
51-52	100 MTS. FREE	11-12
53-54	100 MTS. FREE	13-14
55-56	100 MTS. FREE	15-17
57-58	100 MTS. FREE	18-99
59-60	50 MTS. BREAST	11-12
61-62	50 MTS. BREAST	13-14
63-64	50 MTS. BREAST	15-17
65-66	50 MTS. BREAST	18-99
67-68	800/1500 MTS. FREE	13-14
69-70	800 MTS. FREE RELAY	15-17
71-72	800 MTS. FREE RELAY	18-99

FOURTH DAY (JULY 3, 2009)

73-74	200 MTS. FREE	11-12
75-76	200 MTS. FREE	13-14
77-78	200 MTS. FREE	15-17
79-80	200 MTS. FREE	18-99
81-82	100 MTS. BUTTERFLY	11-12
83-84	100 MTS. BUTTERFLY	13-14
85-86	100 MTS. BUTTERFLY	15-17
87-88	100 MTS. BUTTERFLY	18-99
89-90	400 MTS. FREE RELAY	11-12
91-92	400 MTS. FREE RELAY	13-14
93-94	400 MTS. FREE RELAY	15-17
95-96	400 MTS. FREE RELAY	18-99

FIFTH DAY (JULY 4, 2009)

97-98	400 MTS. FREE	11-12
99-100	400 MTS. FREE	13-14
101-102	400 MTS. FREE	15-17
103-104	400 MTS. FREE	18-99
105-106	100 MTS. BREAST	11-12
107-108	100 MTS. BREAST	13-14
109-110	100 MTS. BREAST	15-17

111-112	100 MTS. BREAST	18-99
113-114	400 MTS. MEDLY RELAY	11-12
115-116	400 MTS. MEDLY RELAY	13-14
117-118	400 MTS. MEDLY RELAY	15-17
119-120	400 MTS. MEDLY RELAY	18-99

SIXTH DAY (JULY 5, 2009)

121-122	400 MTS. IND. MEDLY	18-99
123-124	400 MTS. IND. MEDLY	15-17
125-126	400 MTS. IND. MEDLY	13-14
127-128	100 MTS. BACK	11-12
129-130	100 MTS. BACK	18-99
131-132	100 MTS. BACK	15-17
133-134	100 MTS. BACK	13-14
135-136	50 MTS. FREE	11-12
137-138	50 MTS. FREE	18-99
139-140	50 MTS. FREE	15-17
141-142	50 MTS. FREE	13-14
143-144	200 MTS. BUTTERFLY	18-99

DIVING PROGRAM

FIRST DAY (JUNE 30, 2009)

SPRINGBOARD	1 MT.	GROUP D	MEN
SPRINGBOARD	3 MTS.	GROUP C	WOMEN
PLATFORM	5 – 7 ½ MTS.	GROUP B	MEN
SPRINGBOARD	1 MT.	GROUP A	WOMEN

SECOND DAY (JULY 1ST, 2009)

SPRINGBOARD	1 MT.	GROUP D	WOMEN
SPRINGBOARD	3 MTS.	GROUP C	MEN
PLATFORM	5 – 7 ½ MTS.	GROUP B	WOMEN
SPRINGBOARD	1 MT.	GROUP A	MEN

THIRD DAY (JULY 2, 2009)

SPRINGBOARD	3 MTS.	GROUP D	MEN
PLATFORM	5 MTS.	GROUP C	WOMEN
SPRINGBOARD	1 MT.	GROUP B	MEN
SPRINGBOARD	3 MTS.	GROUP A	WOMEN

FOURTH DAY (JULY 3, 2009)

SPRINGBOARD	3 MTS	GROUP D	WOMEN
PLATFORM	5 MTS.	GROUP C	MEN
SPRINGBOARD	1 MT.	GROUP B	WOMEN
SPRINGBOARD	3 MTS.	GROUP A	MEN
SPRINGBOARD	3 MTS SYNCHRO	GROUP A and B	WOMEN

FIFTH DAY (JULY 4, 2009)

PLATFORM	5 MTS.	GROUP D	MEN
SPRINGBOARD	1 MT.	GROUP C	WOMEN

SPRINGBOARD	3 MTS.	GROUP B	MEN
PLATFORM	5 – 7 ½ MTS.	GROUP A	WOMEN
SPRINGBOARD	3 MTS. SYNCHRO	GROUP A and B	MEN

SIXTH DAY (JULY 5, 2009)

PLATFORM	5 MTS.	GROUP D	WOMEN
SPRINGBOARD	1 MT.	GROUP C	MEN
SPRINGBOARD	3 MTS.	GROUP B	WOMEN
PLATFORM	5 – 7 ½ MTS.	GROUP A	MEN

SYNCHRONIZED SWIMMING PROGRAM

Note : This Program will be revised after preliminary entries are received on April 15,2009

FIRST DAY (JUNE 30, 2009)

TIME	DESCRIPTION	AGE
X	SOLO	12 AND UNDER
X	SOLO	13, 14 AND 15
X	SOLO	16,17 AND 18
X	FREE SOLO	19- 21 YEARS

SECOND DAY (JULY 1ST, 2009) TO BE ORGANIZED BASED ON NUMBER OF PARTICIPANTS

X	FIGURES	13, 14 AND 15
X	FIGURES	16, 17 AND 18
X	TECHNICAL SOLO	19-21 YEARS

THIRD DAY (JULY 2 , 2009) TO BE ORGANIZED BASED ON NUMBER OF PARTICIPANTS

X	FIGURES	12 AND UNDER
X	TECHNICAL DUETS	19-21 YEARS

FOURTH DAY (JULY 3, 2009)

X	DUET	12 AND UNDER
X	DUET	13, 14 AND 15
X	DUET	16, 17 AND 18
X	FREE DUETS	19 – 21 YEARS

FIFTH DAY (JULY 4, 2009)

X	TEAM	12 AND UNDER
X	TEAM	13, 14 AND 15
X	TEAM	16, 17 AND 18
X	FREE TEAMS	19-21 YEARS

X = TIMES WILL BE ANNOUNCED LATER

16

OPEN WATER SWIMMING PROGRAM

JUNE 30, 2009 -COMPETITION SITE RECONNAISSANCE AND TRAINING IN BOTH DISTANCES
JULY 1ST , 2009 - 5 K (BOTH CATEGORIES AND SEX)
JULY 2, 2009 - FREE
JULY 3, 2009 - 10 K (BOTH CATEGORIES AND SEX)

**SIGNED TODAY, FEBRUARY 11, 2009
IN SAN JUAN, PUERTO RICO**

**ORBAN MENDOZA
PRESIDENT OF CCCAN**