

**BAHAMAS SWIMMING FEDERATION  
NATIONAL CHAMPIONSHIPS  
LONG COURSE RECORDS**

**GIRLS 8 & UNDER**

**June 27, 2009**

<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>CITY</b>	<b>DATE</b>
50 FREE	35.69	Albury Higgs'99/SWIFT	Nassau	Jun.29, 2008
100 FREE	1:20.12	Albury Higgs'99/SWIFT	Nassau	Jun.28, 2008
200 FREE	2:53.68	Albury Higgs'99/SWIFT	Nassau	Jun.27, 2008
50 BACK	42.96	Ariel Weech'91/SBSC	Nassau	Jun.23, 2000
50 BREAST	46.16	Shaunte Moss'93/SBSC	Nassau	Jul.13, 2002
50 FLY	40.34	Albury Higgs'99/SWIFT	Nassau	Jun.28, 2008
200 I.M.	3:14.50	Albury Higgs'99/SWIFT	Nassau	Jun.26, 2008
<b>RELAYS</b>				
200 FREE	2:43.22	Daria Knowles;Jade-Evette Strachan; Larissa Musgrove;Ashley Butler/SBSC	Nassau	Jul.1, 2001
200 MEDLEY	3:04.32	Larissa Musgrove;Adrienne Lightbourne; Ashley Butler;Daria Knowles/SBSC	Nassau	Jun.29, 2001