

**BAHAMAS SWIMMING FEDERATION**  
**National Swimming Championships**  
**HISTORY - LONG COURSE RECORDS**

BOYS 9 & 10

June 26, 2010

EVENT	RECORD	NAME	CITY	DATE	Certificate
50 FREE	34.72	Vereance Burrows'89/FAC	Nassau	June 25, 2000	
	32.18	Vereance Burrows'89/FAC	Nassau	June 25, 2000	
	32.01	Jonathan Bain'90/UN	Nassau	July 1, 2001	
	31.56	Jonathan Bain'90/UN	Nassau	July 1, 2001	
	31.31	Evante Gibson'94/WAVE	Nassau	July 3, 2005	
	31.19	Evante Gibson'94/WAVE	Nassau	July 3, 2005	
	<b>30.88</b>	<b>Clement Bowe'99/DSCE</b>	<b>Nassau</b>	<b>June 26, 2010</b>	
100 FREE	1:16.50	Dylan Stewart'90/DSC	Nassau	Jun.24, 2000	
	1:15.56	Jonathan Bain'90/SWIFT	Nassau	Jun.24, 2000	
	1:09.30	Jonathan Bain'90/UN	Nassau	Jun.30, 2001	
	1:09.23	Jonathan Bain'90/UN	Nassau	Jun.30, 2001	
	1:09.03	Evante Gibson'94/WAVE	Nassau	Jul.2, 2005	
	1:08.81	T'Auren Moss'95/DSC	Nassau	Jul.8, 2006	
	<b>1:08.10</b>	<b>T'Auren Moss'95/DSC</b>	<b>Nassau</b>	<b>Jul.8, 2006</b>	
200 FREE	2:46.85	Kieran Deveaux'90/BSC	Nassau	Jun.23, 2000	
	2:33.27	Jonathan Bain'90/UN	Nassau	Jun.29, 2001	
	<b>2:29.93</b>	<b>Matthew Lowe'94/BSC</b>	<b>Nassau</b>	<b>Jul.1, 2005</b>	
400 FREE	5:37.44	Matthew Lowe'94/BSC	Nassau	Jun.25, 2004	
	<b>5:13.94</b>	<b>Matthew Lowe'94/BSC</b>	<b>Nassau</b>	<b>Jun.30, 2005</b>	
50 BACK	41.57	Vereance Burrows'89/FAC	Nassau	Jun.23, 2000	
	39.91	Vereance Burrows'89/FAC	Nassau	Jun.23, 2000	
	39.09	Michael Saltaformaggio'90/SBS	Nassau	Jun.29, 2001	
	38.60	Michael Saltaformaggio'90/SBS	Nassau	Jun.29, 2001	
	38.56	Travis Strachan'92/FAC	Nassau	Jul.11, 2003	
	38.28	Mancer Roberts.93/BSC	Nassau	Jun.25, 2004	
	37.95	T'Auren Moss'95/DSC	Nassau	Jul.9, 2006	
	36.87	Dionisio Carey'99/BSC	Nassau	Jun.29, 2008	
	<b>35.58</b>	<b>Dionisio Carey'99/BSC</b>	<b>Nassau</b>	<b>Jun.29, 2008</b>	
	100 BACK	1:26.64	Je'Vaughn Saunders'89/BSC	Nassau	Jun.25, 2000
1:23.76		Michael Saltaformaggio'90/SBS	Nassau	Jul.1, 2001	
1:22.82		Mancer Roberts.93/BSC	Nassau	Jun.27, 2004	
1:22.81		Matthew Lowe'94/BSC	Nassau	Jul.1, 2005	
1:21.77		T'Auren Moss'95/DSC	Nassau	Jul.7, 2006	
<b>1:20.11</b>		<b>Dionisio Carey'99/BSC</b>	<b>Nassau</b>	<b>Jun.27, 2008</b>	
50 BREAST	42.42	Devon Bethel'89/BSC	Nassau	Jun.24, 2000	
	41.44	Devon Bethel'89/BSC	Nassau	Jun.24, 2000	
	41.33	Ramon Strachan'90/SBSC	Nassau	Jun.30, 2001	
	39.86	Evante Gibson'94/WAVE	Nassau	Jul.1, 2005	
	39.80	Evante Gibson'94/WAVE	Nassau	Jul.1, 2005	
	38.96	Dionisio Carey'99/BSC	Nassau	Jun.27, 2008	

	<a href="#">37.12</a>	<a href="#">Dionisio Carey'99/BSC</a>	<a href="#">Nassau</a>	<a href="#">Jun.27, 2008</a>	
100 BREAST	1:34.95	Ramon Strachan'90/DSC	Nassau	Jun.24, 2000	
	1:34.45	Ramon Strachan'90/SBSC	Nassau	Jul.1, 2001	
	1:33.76	Dimitri Knowles'92/FAC	Nassau	Jul.13, 2003	
	1:28.79	Evante Gibson'94/WAVE	Nassau	Jul.2, 2005	
	1:28.78	Evante Gibson'94/WAVE	Nassau	Jul.2, 2005	
	<a href="#">1:26.48</a>	<a href="#">Dionisio Carey'99/BSC</a>	<a href="#">Nassau</a>	<a href="#">Jun.28, 2008</a>	
50 FLY	35.76	Vereance Burrows'89/FAC	Nassau	Jun.23, 2000	
	35.20	Vereance Burrows'89/FAC	Nassau	Jun.23, 2000	
	35.03	Jonathan Bain'90/UN	Nassau	Jun.29, 2001	
	<a href="#">32.87</a>	<a href="#">Evante Gibson'94/WAVE</a>	<a href="#">Nassau</a>	<a href="#">Jul.2, 2005</a>	
100 FLY	1:27.89	Vereance Burrows'89/FAC	Nassau	Jun.24, 2000	
	1:18.46	Jonathan Bain'90/UN	Nassau	Jun.30, 2001	
	<a href="#">1:14.04</a>	<a href="#">Evante Gibson'94/WAVE</a>	<a href="#">Nassau</a>	<a href="#">Jul.1, 2005</a>	
200 I.M.	3:08.10	Je'Vaughn Saunders'89/BSC	Nassau	Jun.22, 2000	
	2:53.25	Jonathan Bain'90/UN	Nassau	Jul.14, 2001	
	2:51.09	Evante Gibson'94/WAVE	Nassau	Jun.30, 2005	
	<a href="#">2:50.48</a>	<a href="#">Dionisio Carey'99/BSC</a>	<a href="#">Nassau</a>	<a href="#">Jun.26, 2008</a>	
<b>RELAYS</b>					
200 FREE	2:18.78	Je'Vaughn Saunders;Kieran Deveaux;	Nassau	Jun.25, 2000	
		David Hanna;Devon Bethel/BSC			
	2:18.34	Stephan Burrows;Leonard Hudson;	Nassau	July 14, 2002	
		Dimitri Knowles;Travis Strachan/FAC			
	2:16.00	Meshach Roberts;Greshwin Greene	Nassau	June 26, 2008	
		Cedric Bowe; Dionisio Carey/BSC			
	<a href="#">2:15.08</a>	<a href="#">Jared Fitzgerald, Anthony Rolle,</a>	<a href="#">Nassau</a>	<a href="#">June 25, 2009</a>	
		<a href="#">Tyrique Cox, Malik Hepburn/SBSC</a>			
400 FREE	5:32.02	Stephan Burrows;Leonard Hudson;	Nassau	July 11, 2002	
		Dimitri Knowles;Taylor Lewis/FAC			
	5:09.22	Matthew Lowe;Devonn Knowles;	Nassau	June 24, 2004	
		Camron Bruney;Mancer Roberts/BSC			
	<a href="#">5:08.66</a>	<a href="#">Gershwin Greene, Aikman Austin,</a>	<a href="#">Nassau</a>	<a href="#">June 25, 2009</a>	
		<a href="#">Khadn Adderley, Clement Bowe/BSC</a>			
200 MEDLEY	2:37.86	Je'Vaughn Saunders;David Hanna;	Nassau	June 23, 2000	
		Denaj Seymour;Devon Bethel/BSC			
	2:35.92	Mancer Roberts;Camron Bruney;	Nassau	June 25, 2004	
		Matthew Lowe;Devonn Knowles/BSC			
	<a href="#">2:30.50</a>	<a href="#">Meshach Roberts;Dionisio Carey</a>	<a href="#">Nassau</a>	<a href="#">June 29, 2008</a>	
		<a href="#">Cedric Bowe; Greshwin Greene/BSC</a>			