

BAHAMAS SWIMMING FEDERATION

HISTORY - LONG COURSE RECORDS

BOYS 15 & OVER - BAHAMAS

June 21, 2011

EVENT	RECORD	NAME	CITY	DATE	Certiifacte
50 FREE	22.75	Allan Murray'72/SWIFT	Atlanta	July 25, 1996	Yes
	22.39	Vereance Burrows'89/UN	Rome	July 31, 2009	
100 FREE	52.41	Allan Murray'72/SWIFT	Ft.Lauderdale	May 25, 1996	
	51.97	Christopher Murray'79/FAC	Winnipeg	Aug.4, 1999	
	51.65	Christopher Murray'79/FAC	Winnipeg	Aug.4, 1999	Yes
	51.29	Jeremy Knowles'81/SWIFT	Nassau	Jun.28, 2008	
	50.88	Vereance Burrows'89/UN	Rome	July 29, 2009	
200 FREE	1:57.54	Sean Nottage'65/UN	Los Angeles	July 29, 1984	
	1:56.63	Jeremy Knowles'81/SWIFT	Guadeloupe	Apr.17, 1998	
	1:53.49	Jeremy Knowles'81/UN	Santo Domingo	Aug.12, 2003	Yes
	1:53.05	Jeremy Knowles'81/SWIFT	Nassau	Jun.27, 2008	
	400 FREE	4:10.78	P.Andrew Knowles'55/UN	Montreal	Jul.22, 1976
4:06.86		Jeremy Knowles'81/SWIFT	Guadeloupe	Apr.18, 1998	
4:04.24		Jeremy Knowles'81/SWIFT	Nassau	Jun.23, 2000	
4:04.08		Jeremy Knowles'81/UN	Nassau	Jun.29, 2001	
3:59.01		Jeremy Knowles'81/UN	Nassau	Jul.11, 2003	Yes
800 FREE	10:05.58	Verron Darville'89/BSC	Nassau	Dec.2, 2005	
	9:21.92	Shane Armbrister'88/SWIFT	Curacao	Mar.31, 2005	
1500 FREE	16:37.36	Jeremy Knowles'81/SWIFT	Havana	Jul.9, 1997	
	16:11.20	Jeremy Knowles'81/SWIFT	Nassau	Jun.25, 2000	Yes
50 BACK	28.81	Nicholas Rees'82/BSC	Nassau	Jul.14, 2001	
	28.10	Christopher Vythoulkas'84/SBSC	Santo Domingo	Aug.16, 2003	Yes
	27.89	Christopher Vythoulkas'84/SBSC	Ft.Lauderdale	Jun.25, 2005	Yes
	27.53	Christopher Vythoulkas'84/UN	Melbourne	Mar.16, 2006	Yes
	27.50	Jeremy Knowles'81/SWIFT	Milan	Apr.20, 2008	
100 BACK	1:01.29	David Morley'65/DSC	Los Angeles	Aug.3, 1984	
	1:00.99	Nicholas Rees'82/BSC	Bridgetown	Jul.13, 1998	
	1:00.57	Nicholas Rees'82/BSC	Auburn	Aug.4, 1998	
	1:00.22	Nicholas Rees'82/SWIFT	Winnipeg	Aug.6, 1999	
	59.01	Christopher Vythoulkas'84/DSC	Nassau	Jun.23, 2000	
	58.39	Christopher Vythoulkas'84/SBSC	Santo Domingo	Aug.16, 2003	
200 BACK	58.31	Christopher Vythoulkas'84/SBSC	Athens	Aug.15, 2004	Yes
	2:10.96	Christopher Albury'74/BSC	Etobicoke	Apr.5, 1996	Yes
	2:10.57	Jeremy Knowles'81/UN	Nassau	Jun.27, 2004	Yes
50 BREAST	2:08.86	Jeremy Knowles'81/SWIFT	Charlotte	Jun.8, 2008	
	30.93	Allan Murray'72/BSC	Nassau	Jul.14, 2001	
	30.90	Travano McPhee'85/DSC	Manchester	Aug.2, 2002	Yes
100 BREAST	29.69	Jeremy Knowles'81/SWIFT	Nassau	Jul.1, 2005	Yes
	1:06.93	Alaric Rolle'77/SWIFT	Bridgetown	Apr.23, 1995	Yes
	1:06.32	Jeremy Knowles'81/UN	Auburn	Jul.24, 2004	Yes
	1:05.41	Jeremy Knowles'81/SWIFT	Charlotte	Dec.8, 2007	Yes
	1:04.94	Jeremy Knowles'81/SWIFT	Nashville	Mar.7, 2008	
	1:03.78	Jeremy Knowles'81/SWIFT	Nassau	Jun.28, 2008	
200 BREAST	2:24.75	Jeremy Knowles'81/SWIFT	Havana	Jul.7, 1997	
	2:24.19	Jeremy Knowles'81/SWIFT	Winnipeg	Aug.5, 1999	

	2:23.72	Jeremy Knowles'81/SWIFT	San Antonio	Dec.4, 1999	
	2:23.28	Jeremy Knowles'81/SWIFT	San Antonio	Dec.4, 1999	
	2:23.10	Jeremy Knowles'81/SWIFT	Federal Way	Mar.28, 2000	
	2:21.37	Jeremy Knowles'81/SWIFT	Federal Way	Mar.28, 2000	
	2:20.31	Jeremy Knowles'81/SWIFT	Sydney	Sept.19, 2000	Yes
50 FLY	26.26	Allan Murray'72/BSC	Nassau	Jul.14, 2001	
	25.45	Nicholas Rees'82/BSC	Barcelona	Jul.20, 2003	Yes
	25.12	Jeremy Knowles'81/SWIFT	Nassau	Jul.2, 2005	Yes
	25.11	Jeremy Knowles'81/SWIFT	Melbourne	Mar.17, 2006	Yes
	24.83	Jeremy Knowles'81/SWIFT	Melbourne	Mar.17, 2006	Yes
	24.63	Jeremy Knowles'81/SWIFT	Nassau	May 12, 2007	Yes
	24.47	Vereance Burrows'89/UN	Nassau	June 26, 2009	
	23.74	Vereance Burrows'89/UN	Rome	July 26, 2009	
EVENT	RECORD	NAME	CITY	DATE	Certiifacte
100 FLY	58.73	Sean Nottage'65/UN	Los Angeles	Jul.30, 1984	
	58.22	Nicholas Rees'82/BSC	Guadeloupe	Apr.17, 1998	
	57.65	Nicholas Rees'82/BSC	Bridgetown	Jul.13, 1998	
	57.31	Jeremy Knowles'81/SWIFT	Kingston	Apr.3, 1999	
	56.88	Nicholas Rees'82/SWIFT	Winnipeg	Aug.3, 1999	
	56.34	Nicholas Rees'82/BSC	Federal Way	Mar.31, 2000	
	55.08	Jeremy Knowles'81/UN	Nassau	Jul.11, 2003	
	54.65	Jeremy Knowles'81/UN	Auburn	Jul.24, 2004	Yes
	54.03	Jeremy Knowles'81/SWIFT	Nassau	Jul.1, 2005	Yes
	54.00	Jeremy Knowles'81/SWIFT	Nassau	Jun.27, 2008	
	53.72	Jeremy Knowles'81/SWIFT	Beijing	Aug.14, 2008	
	53.51	Vereance Burrows'89/UN	Rome	July 31, 2009	
200 FLY	2:16.89	Mark Wade'71/SWIFT	Kingston	Mar.30, 1991	
	2:10.09	Jeremy Knowles'81/SWIFT	Guadeloupe	Apr.16, 1998	
	2:09.55	Jeremy Knowles'81/SWIFT	Kingston	Apr.4, 1999	
	2:05.10	Jeremy Knowles'81/UN	Nassau	May 17, 2002	
	2:00.31	Jeremy Knowles'81/UN	Manchester	Jul.30, 2002	
	1:59.82	Jeremy Knowles'81/UN	Santo Domingo	Aug.15, 2003	
	1:59.32	Jeremy Knowles'81/UN	Daegu	Aug.24, 2003	
	1:59.21	Jeremy Knowles'81/UN	Daegu	Aug.24, 2003	Yes
	1:58.25	Jeremy Knowles'81/SWIFT	Victoria	Aug.17, 2006	Yes
200 I.M.	2:11.15	Jeremy Knowles'81/SWIFT	Havana	Jul.8, 1997	
	2:09.78	Jeremy Knowles'81/SWIFT	Winnipeg	Au.7, 1999	
	2:07.68	Jeremy Knowles'81/SWIFT	San Antonio	Dec.2, 1999	
	2:07.63	Jeremy Knowles'81/SWIFT	San Antonio	Dec.2, 1999	
	2:06.85	Jeremy Knowles'81/SWIFT	Sydney	Sept.20, 2000	
	2:06.38	Jeremy Knowles'81/UN	Manchester	Aug.3, 2002	
	2:06.33	Jeremy Knowles'81/UN	Nassau	Jul.12, 2003	
	2:04.72	Jeremy Knowles'81/UN	Santo Domingo	Aug.16, 2003	
	2:03.99	Jeremy Knowles'81/UN	Santo Domingo	Aug.16, 2003	
	2:03.51	Jeremy Knowles'81/UN	Daegu	Aug.26, 2003	Yes
	2:0316	Jeremy Knowles'81/SWIFT	Melbourne	Mar.20, 2006	Yes
	2:02.85	Jeremy Knowles'81/SWIFT	Melbourne	Mar.20, 2006	Yes
	2:02.74	Jeremy Knowles'81/SWIFT	Milan	Apr.19, 2008	
	2:01.35	Jeremy Knowles'81/SWIFT	Beijing	Aug.13, 2008	
400 I.M.	4:39.11	Jeremy Knowles'81/SWIFT	Indianapolis	Dec.5, 1997	
	4:30.58	Jeremy Knowles'81/SWIFT	Clovis	Aug.13, 1998	
	4:30.49	Jeremy Knowles'81/SWIFT	San Antonio	Dec.3, 1999	

	4:28.47	Jeremy Knowles'81/SWIFT	Federal Way	Mar.30, 2000	
	4:26.87	Jeremy Knowles'81/SWIFT	Sydney	Sept.17, 2000	
	4:25.77	Jeremy Knowles'81/UN	Manchester	Aug.2, 2002	
	4:22.04	Jeremy Knowles'81/UN	Santo Domingo	Aug.12, 2003	Yes
RELAYS					
200 FREE	1:39.22	Kevin Treco;Mark Wells;	Port of Spain	Apr.13, 1997	
		Allan Murray;Christian Campbell/BAH			
	1:39.07	Jeremy Knowles;Jamaal Carey;	Kingston	Apr.5, 1999	Yes
		Kristoph Carey;Nicholas Rees/BAH			
	1:37.28	Armando Moss, Lucas Leitte,	Nassau	June 21, 2011	
		Ashton Knowles, Michael McIntosh/FAC			
	1:36.35	Vereance Burrows, Evante Gibson,	Nassau	June 21, 2011A	
		Ashton Knowles, Michael McIntosh/FAC			
400 FREE	3:32.34	Allan Murray;Christopher Albury;	Etobicoke	Apr.5, 1996	
		Cameron Roach;Thomas Glucksmann/BAH			
	3:31.46	Christopher Murray;Jeremy Knowles;	Winnipeg	Aug.5, 1999	Yes
		Christopher Vythoukas;Allan Murray/BAH			
800 FREE	8:16.59	Christopher Murray;Kevin Treco;	Havana	Jul.10, 1997	
		Cameron Jones;Jeremy Knowles/BAH			
	7:58.58	Jeremy Knowles;Christopher Vythoukas;	Santo Domingo	Aug.12, 2003	Yes
		Kristoph Carey;Travano McPhee/BAH			
200 MEDLEY	1:51.95	Jeremy Knowles;Allan Murray;	Nassau	Jun.23, 2000	Yes
		Nicholas Rees;Riccardo Davis/SWIFT			
	1:48.92	Evante Gibson, Michael McIntosh;	Nassau	June.20, 2011	
		Vereance Burrows, Ashton Knowles/FAC			
400 MEDLEY	4:05.09	Kevin Treco;Jeremy Knowles;	Havana	Jul.7, 1997	
		Mark Wells;Allan Murray/BAH			
	4:04.84	Nicholas Rees;Jeremy Knowles;	Kingston	Apr.4, 1999	
		Jamaal Carey;Kristoph Carey/BAH			
	3:58.37	Christopher Vythoukas;Jeremy Knowles;	Winnipeg	Aug.7, 1999	
		Nichoals Rees;Christopher Murray/BAH			
	3:57.44	Christopher Vythoukas;Travano McPhee;	Santo Domingo	Aug.16, 2003	
		Jeremy Knowles;Kristoph Carey/BAH			
	3:54.57	Christopher Vythoukas;Travano McPhee;	Santo Domingo	Aug.16, 2003	Yes
		Jeremy Knowles;Kristoph Carey/BAH			

BOYS 15 & OVER - OPEN

June 21, 2011

EVENT	RECORD	NAME	CITY	DATE	Certiifacte
50 FREE	23.21	Allan Murray'72/SWIFT	Nassau	Jun.25, 2000	Yes
	22.88	Vereance Burrows'89/UN	Nassau	Jun.27, 2008	Yes
100 FREE	51.97	Christopher Murray'79/FAC	Nassau	Jun.24, 2000	
	51.86	Christopher Murray'79/FAC	Nassau	Jun.24, 2000	Yes
	51.21	Jose Meolans'78/ARG	Nassau	Jun.28, 2008	Yes
	50.52	Jose Meolans'78/ARG	Nassau	Jun.28, 2008	Yes
200 FREE	1:56.98	Jeremy Knowles'81/SWIFT	Nassau	Jun.23, 2000	
	1:54.97	Damian Alleyne'84/BAR	Nassau	Apr.20, 2001	
	1:53.93	Shaune Fraser'89/CAY	Nassau	Apr.16, 2004	Yes
	1:52.99	Mario Montoya'89/COSTA	Nassau	Jun.27, 2008	Yes
400 FREE	4:04.24	Jeremy Knowles'81/SWIFT	Nassau	Jun.23, 2000	

	4:04.08	Jeremy Knowles'81/UN	Nassau	Jun.29, 2001	
	3:59.01	Jeremy Knowles'81/UN	Nassau	Jul.11, 2003	Yes
800 FREE	10:05.58	Verron Darville'89/BSC	Nassau	Dec.2, 2005	
	9:57.58	David Hanna'89/BSC	Nassau	Feb.10, 2006	
1500 FREE	16:11.20	Jeremy Knowles'81/SWIFT	Nassau	Jun.25, 2000	
	16:10.71	Shaune Fraser'89/CAY	Nassau	Apr.15, 2004	Yes
50 BACK	28.81	Nicholas Rees'82/BSC	Nassau	Jul.14, 2001	Yes
	28.06	Jeremy Knowles'81/SWIFT	Nassau	May 13, 2007	Yes
	27.62	Zach McGinnis'90/UN	Nassau	June 20, 2011	
	27.59	Luis Rojas'90/UN	Nassau	June 20, 2011	
	27.09	Luis Rojas'90/UN	Nassau	June 20, 2011	
100 BACK	1:00.22	Nicholas Rees'82/SWIFT	Nassau	June 23, 2000	
	59.01	Christopher Vythoulikas'84/DSC	Nassau	June 23, 2000	Yes
	58.46	Luis Rojas'90/UN	Nassau	June 18, 2011	
	58.42	Luis Rojas'90/UN	Nassau	June 18, 2011	
	58.03	Czack McGinnis'90/UN	Nassau	June 18, 2011	
200 BACK	2:17.80	Christopher Vythoulikas'84/DSC	Nassau	Jun.25, 2000	
	2:08.74	George Bovell'83/TRI	Nassau	Apr.22, 2001	Yes
50 BREAST	30.93	Allan Murray'72/BSC	Nassau	Jul.14, 2001	Yes
	29.69	Jeremy Knowles'81/SWIFT	Nassau	Jul.1, 2005	Yes
100 BREAST	1:10.40	Alaric Rolle'77/SBSC	Nassau	Jun.24, 2000	
	1:09.43	Stewart Marshall'85/AHO	Nassau	Apr.22, 2001	
	1:07.76	Stewart Marshall'85/AHO	Nassau	Apr.22, 2001	
	1:06.60	Bradley Ally'87/BAR	Nassau	Apr.18, 2004	Yes
	1:04.59	Leopoldo Andara'86/CSSC	Nassau	Jun.28, 2008	Yes
	1:03.78	Jeremy Knowles'81/SWIFT	Nassau	Jun.28, 2008	
EVENT	RECORD	NAME	CITY	DATE	Certiifacte
200 BREAST	2:32.35	Jeremy Knowles'81/SWIFT	Nassau	Jun.25, 2000	
	2:31.83	Kevin Hensley'86/ISV	Nassau	Apr.21, 2001	
	2:28.59	Dominic Lee'86/JAM	Nassau	Apr.16, 2004	Yes
	2:18.36	Leopoldo Andara'86/CSSC	Nassau	Jun.29, 2008	
50 FLY	26.26	Allan Murray'72/BSC	Nassau	Jul.14, 2001	Yes
	26.07	Jeremy Knowles'81/SWIFT	Nassau	Jul.2, 2005	Yes
	25.12	Jeremy Knowles'81/SWIFT	Nassau	Jul.2, 2005	Yes
	24.63	Jeremy Knowles'81/SWIFT	Nassau	May 12, 2007	Yes
	24.47	Vereance Burrows'89/UN	Nassau	June 26, 2009	
100 FLY	56.88	Nicholas Rees'82/SWIFT	Nassau	Jun.23, 2000	
	56.45	Nicholas Rees'82/SWIFT	Nassau	Jun.23, 2000	
	55.08	Jeremy Knowles'81/UN	Nassau	Jul.11, 2003	Yes
	54.03	Jeremy Knowles'81/SWIFT	Nassau	Jul.1, 2005	Yes
	54.00	Jeremy Knowles'81/SWIFT	Nassau	Jun.27, 2008	
200 FLY	2:12.96	Nicholas Rees'82/SWIFT	Nassau	Jun.24, 2000	
	2:10.79	Damian Alleyne'84/BAR	Nassau	Apr.22, 2001	
	2:05.10	Jeremy Knowles'81/UN	Nassau	May 17, 2002	
	2:02.05	Jeremy Knowles'81/UN	Nassau	Jul.12, 2003	
	2:00.87	Jeremy Knowles'81/UN	Nassau	Jun.26, 2004	Yes
	1:59.40	Jeremy Knowles'81/SWIFT	Nassau	Jul.3, 2005	Yes
200 I.M.	2:10.22	Jeremy Knowles'81/SWIFT	Nassau	Jun.24, 2000	
	2:09.46	George Bovell'83/TRI	Nassau	Apr.21, 2001	
	2:08.67	Jeremy Knowles'81/UN	Nassau	Jun.30, 2001	
	2:06.33	Jeremy Knowles'81/UN	Nassau	Jul.12, 2003	Yes
	2:02.74	Jeremy Knowles'81/SWIFT	Milan	Apr.19, 2008	

400 I.M.	4:35.40	Jeremy Knowles'81/SWIFT	Nassau	Jun.22, 2000	
	4:33.94	Jeremy Knowles'81/UN	Nassau	May 17, 2002	
	4:31.95	Bradley Ally'87/BAR	Nassau	Apr.16, 2004	Yes
	4:28.04	Jeremy Knowles'81/UN	Nassau	Jul.10, 2003	Yes
RELAYS					
200 FREE	1:37.38	Allan Muray;Nicholas Rees; Martin LaRoda;Jeremy Knowles/SWIFT	Nassau	June 25, 2000	Yes
	1:37.28	Armando Moss, Lucas Leitte, Inoa Charlton, T'Auren Moss/SBSC	Nassau	June 21, 2011	
	1:36.35	Vereance Burrows, Evante Gibson, Ashton Knowles, Michael McIntosh/FAC	Nassau	June 21, 2011	
400 FREE	3:42.57	Nicholas Rees;Jeremy Knowles; Martin LaRoda;Allan Murray/SWIFT	Nassau	Jun.22, 2000	
	3:38.55	Martyn Forde;Terrance Haynes; Cliff Gittens;Damian Alleyne/BAR	Nassau	Apr.20, 2001	Yes
200 MEDLEY	1:51.95	Jeremy Knowles;Allan Murray; Nicholas Rees;Riccardo Davis/SWIFT	Nassau	June 23, 2000	Yes
	1:48.92	Evante Gibson, Michael McIntosh, Vereance Burrows, Ashton Knowles/FAC	Nassau	Jun.23, 2000	Yes
400 MEDLEY	4:06.94	Nicholas Rees;Lazar Charlton; Jeremy Knowles;Martin LaRoda/SWIFT	Nassau	Jun.24, 2000	Yes
	4:06.27	T'Auren Moss, Lucas Leitte, Armando Moss, Inoa Charlton/SBSC	Nassau	June 18, 2011	